



Determination and investigation of phenolic compounds in Citrus pulps and zests by Ultra-high performance liquid chromatography

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ABSTRACT

This study aimed to evaluate in vitro the influence of extraction methods (maceration and soxhlet) and solvents (hexane, dichloromethane, ethyl acetate and methanol) on the phenolic composition and antioxidant activity of tree citrus species: *C. limon*, *C. limetta* and *C. aurantifolia*. The results showed that the soxhlet remains the best extraction method for quantifying polyphenols, flavonoids and condensed tannins. Polar solvents (ethyl acetate and methanol) make it possible to obtain the best extraction yields and high polyphenols and flavonoids. *Citrus aurantifolia* shows the highest contents for epicarps and pulps, respectively in polyphenols (326.73 mg and 443.57 mg Gallic acid equivalent (EAG) per gram of fresh weight; FW) and in flavonoids (133.00 mg and 138.62 mg Equivalent (EQ) per gram of FW). The evaluation of the antioxidant activity using the 2,2-diphenyl-1-picrylhydrazyl (DPPH) for the different extracts showed that methanol and ethyl acetate extracts by soxhlet possess the best antioxidant activities. A strong antiradical power was noted for the epicarps and the pulps of *C. aurantifolia* fruit, respectively of 5.13 and 4.89 $\mu\text{g mL}^{-1}$. 15 phenolic compounds were tentatively identified by an ultra-high-performance-liquid-chromatographic-diode array (UHPLC-DAD) in the polar *Citrus* pulp and epicarp extracts. In fact, the identification of three flavonols (rutin, kaempferol and quercetin), two flavanones (hesperidin and naringin), a flavone (3,4,5,7-tetrahydroxyflavone) and a phenolic acid (pyrogallol) were the major compounds identified in polar citrus pulp and epicarp extracts.

1. Introduction

According to current nutritional theories, one secret to good health is to absorb more antioxidants, which promote the proper aging of the body's various organs. This is one of the major reasons why a Mediterranean diet rich in fresh fruit and vegetables

is recommended [1].

The ingestion of secondary metabolites via fruit and vegetables could enable our bodies to strengthen their defenses against the oxidation processes that threaten our cells on a daily basis. However, the mechanisms involved probably go far beyond the direct reduction of reactive oxygen species by secondary metabolites such as phenolic compounds [2]. *Citrus* (*Citrus L. de Rutaceae*) is one of the world's major fruit crops. It is widely cultivated in tropical and subtropical

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regions of the world and in many other areas. *Citrus* cultivation is the world's largest fruit production sector, with more than 161.8 million tons annually in 2021 [3]. *Citrus* is a highly valuable matrix due to its wealth of functional ingredients (essential oils, fibers, carotenoids, vitamin C, phenolic compounds) with a wide range of applications in the food, cosmetics and nutraceutical industries, as well as in the production of biofuels and biodegradable materials [4]. However, various epidemiological studies have suggested that citrus fruits positively affect a range of degenerative disorders [5]. *Citrus* consumption has expanded dramatically in recent years due to its beneficial effects on human health. *Citrus* peels represent a major source of phenolic compounds, mainly flavonoids and phenolic acids. *Citrus* flavonoids include glycosylated flavanones and polymethoxylated flavones [6]. *Citrus* peel flavonoids are characterized by their antioxidant, therapeutic, antiviral, antifungal and antibacterial activity [7]. Indeed, recent research has focused on by-products that extract natural antioxidants to replace synthetic antioxidants [8]. In addition, most industries have focused on fruit and vegetable by-products to transform them into exploitable products [9]. Indeed, our study evaluate firstly the effect of extraction methods (maceration and soxhlet) and the different solvents (hexane, dichloromethane, ethyl acetate and methanol) on the quantification of total phenols, flavonoids and condensed tannins contained in *Citrus Limon Burm*, *Citrus Limetta Risso* and *Citrus Aurantiifolia (Christm.) Swingle*. Secondly, evaluating the effect of the extraction methods and the different solvents on the antioxidant activity of the studied extracts. Thus, the various phenolic compounds of polar citrus extracts are characterized by UHPLC-DAD.

2. Material and Methods

2.1. Plant material

At the maturity stage, the fruits of *C. limetta*, *C. limon*, and *C. Aurantiifolia* were randomly harvested from all the trees. The fruits were washed, the pulp and epicarp were manually separated and seeded. 25.0 g of fresh pulp or epicarp was extracted by maceration (250 ml) and soxhlet (300 mL) in increasing solvent polarity for

24h at room temperature and in the dark. The extracts were evaporated using a rotavapor, then taken up with various volumes of methanol and stored at -4°C .

2.2. Reagents

All thirty-three standards used for analyses were obtained from Sigma-Aldrich (Berlin, Germany): blend 1: pyrogalllic acid (CAS Number: 87-66-1), vanillic acid (CAS Number: 121-34-6), caffeic acid (CAS Number: 331-39-5), ferulic acid (CAS number: 1135-24-6), hesperidin (CAS Number: 520-26-3) and salicylic acid (CAS Number: 69-72-7). The blend two including: Gallic acid (CAS Number: 149-91-7), Catechin (CAS Number: 7295-85-4), chlorogenic acid (CAS Number: 327-97-9), epicatechin (CAS Number: 490-46-0), vanillin (CAS Number: 121-33-5), p-coumaric acid (CAS Number: 501-98-4), sinapic acid (CAS Number: 530-59-6), naringin (CAS Number: 10236-47-2), rutin (CAS number: 153-18-4), quercetin (CAS number: 117-39-5) and kaempferol (CAS number: 520-18-3). Also, the blend three including: catechol (CAS number: 120-80-9), hydroxybenzoic acid (CAS Number: 99-96-7), syringic acid (CAS Number: 530-57-4), 3,4 dimethoxybenzoic acid (CAS Number: 93-07-2), 2-hydroxynaphthoic acid (CAS Number: 2283-08-1), rosmarinic acid (CAS Number: 20283-92-5), 4',5,7 trihydroxyflavanone (CAS Number: 67604-48-2), 3',5,7 trihydroxy-4'-methoxyflavone (CAS Number: 520-33-2). And the blend four including: 3-hydroxybenzoic acid (CAS Number: 99-06-9), 4-hydroxybenzoic acid (CAS Number: 99-96-7), 3,4-dihydroxycinnamic acid (CAS Number: 331-39-5), 4-hydroxy-3,5-dimethoxycinnamic acid (CAS Number: 530-59-6), ellagic acid (CAS Number: 476-66-4), tannic acid (CAS Number: 1401-55-4), 3',4',5,7-tetrahydroxyflavone (CAS Number: 491-70-3), curcumin (CAS Number: 458-37-7). Reactif Folin-Ciocalteu (CAS Number: 12111-13-6), 2,2-Diphenyl-1-picrylhydrazyl (CAS Number: 1898-66-4), and Ascorbic acid (CAS Number: 50-81-7, Sigma).

2.3. Determination of total phenolics, total flavonoids and tannins

The polyphenols were determined by the Folin-Ciocalteu method according to Li *et al.* [10]. The

results were reported in milligrams of gallic acid equivalent per gram of fresh weight (mg GE g⁻¹ FW). The flavonoids were characterized by the aluminum trichloride (AlCl₃) method according to Shraim researcher [11]. Results were expressed as micrograms of quercetin equivalent per gram of fresh weight (mg QE g⁻¹ FW). The condensed tannins were determined by the vanillin acid method [12]. Results were expressed as milligrams of catechin equivalent per gram of fresh weight (mg CE g⁻¹ FW).

2.4. Analysis of DPPH radical scavenging activity

According to Awika et al. [13], antioxidant activity was measured using the DPPH method. The methanol dissolved the DPPH radical at a 5.5 mg mL⁻¹ concentration. Then, it was sonicated for 3 minutes and kept at -4 °C for 1 hour at obscurity. Briefly, 1.0 mL of each extract of pulp or epicarp was added to 2.5 mL of DPPH solution, and the absorbance was measured after 30 min at 515 nm. DPPH trapping was determined using Equation 1.

$$IC_{50\%} = [1 - (\text{Abs}(t = 30)/\text{Abs}(t = 0))] * 100$$

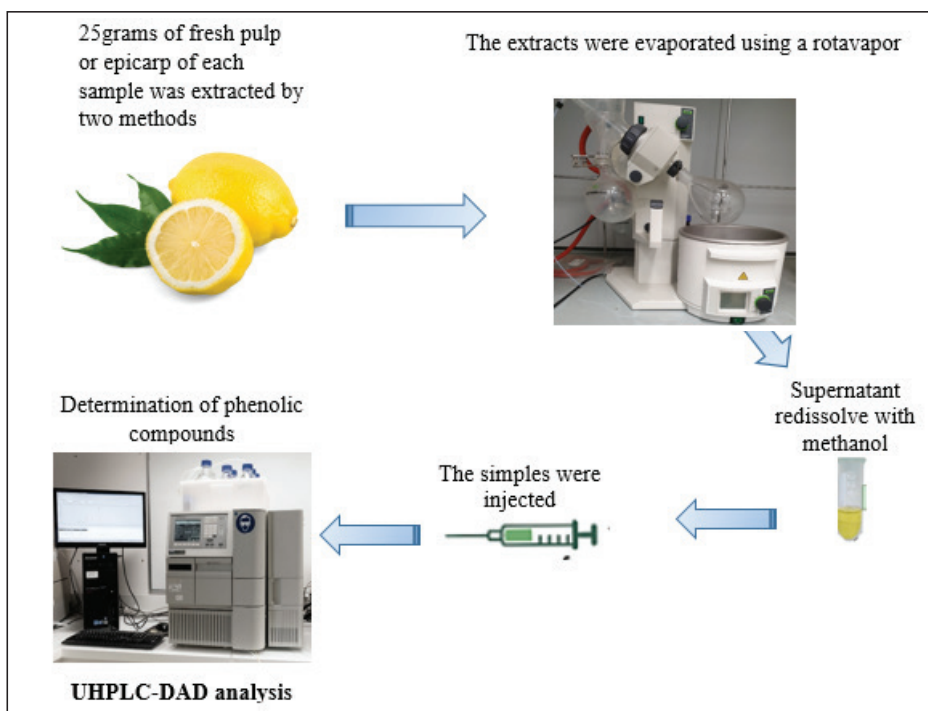
(Eq. 1)

Abs (t=0): absorbance of the DPPH radical at t=0 min
 Abs (t = 30): absorbance of the DPPH radical + phenolic extracts at t = 30 min.

The positive control was a solution containing the standard antioxidants: ascorbic acid, gallic acid, and quercetin. The absorbance of the solution was evaluated under identical conditions as the samples. For each concentration, the test was repeated three times.

2.5. Determination of phenolic compound

The Dionex Ultimate 3000 chromatography system (CA, USA), which is furnished with a quaternary pump (HPG 3400 RS), an autosampler (WPS 3000 TSL) and a column oven (TCC 3000), was used to carry out the chromatographic separation. A Kinetex C18 reversed phase column (250 × 4,6 mm, Eurospher 100-5) provided by Thermo Fisher Scientific (CA, USA) was used for the proposed technique. The separation and identification of phenolic compounds was performed using the method of Puigventós et al. [14]. Retention times and UV spectra were compared to standards to identify the compounds investigated in the methanolic and ethyl acetate extracts (Schema 1).



Schema 1. Schematic of study stages including the sampling, the extraction method, and analysis of phenolic compounds by UHPLC-DAD

Also, the Chromatographic profile of pulp from methanolic extracts of *C. limon* (Cp1), *C. limetta* (Cp2) and *C. aurantifolia* (Cp3) by two extraction methods maceration M and soxhlet S were shown in Figure 1a. Chromatographic profile of epicarp from methanolic extracts of *C. limon* (Cz1), *C. limetta* (Cz2) and *C. aurantifolia* (Cz3) by two extraction methods maceration M and soxhlet S were shown in Figure 1b. Chromatographic profile of pulps from

ethyl acetate extracts of *C. limon* (Cp1), *C. limetta* (Cp2) and *C. aurantifolia* (Cp3) by two extraction methods, maceration M and soxhlet S, were shown in Figure 1c. Chromatographic profile of epicarp from methanolic extracts of *C. limon* (Cz1), *C. limetta* (Cz2) and *C. aurantifolia* (Cz3) by two extraction methods maceration M and soxhlet S. was shown in Figure 1d. The chromatographic profile of the multi-standards is shown in Figure 1e and Table 1.

Table 1. The multi standards with their retention times

Compounds	Retention time
Blend 1	
Pyrogalllic Ac	5.45
Vanillic Ac	11.81
Cafeic Ac	12.18
Furelic Ac	16.51
Hesperidin	18.76
Salicyclic Ac	19.48
Blend 2	
Gallic Ac	5.86
Catechin	9.44
Chlorogenic ac	10.87
Epicatechin	12.13
vanillin	12.72
p-coumaric	15.41
Sinapic Ac	16.87
Naringin	19.04
Rutin	20.31
Quercetin	24.84
Kaempferol	26.82
Blend 3	
Catechol	8.07
Hydroxybezoic Ac	10.76
Syringic Ac	12.54
dimethoxybezoic Ac 3,4	16.46
hydroxynaphthoic Ac 2	19.20
Rosmarinic Ac	20.14
trihydroxyflavanon 4,5,7	24.05
trihydroxy-4'-methoxyflavon 5,7,'3	25.34
Blend 4	
hydroxybenzoic Ac-3	7.74
hydroxybenzoic Ac-4	10.76
dihydroxycinnamic Ac 3,4	12.20
hydroxy-3,5-dimethoxynamic-4	16.90
Ellagic Ac	21.74
Tannic Ac	24.87
tetrahydroxyflavon-5,7,'4,'3	26.15
Curcumin	28.16

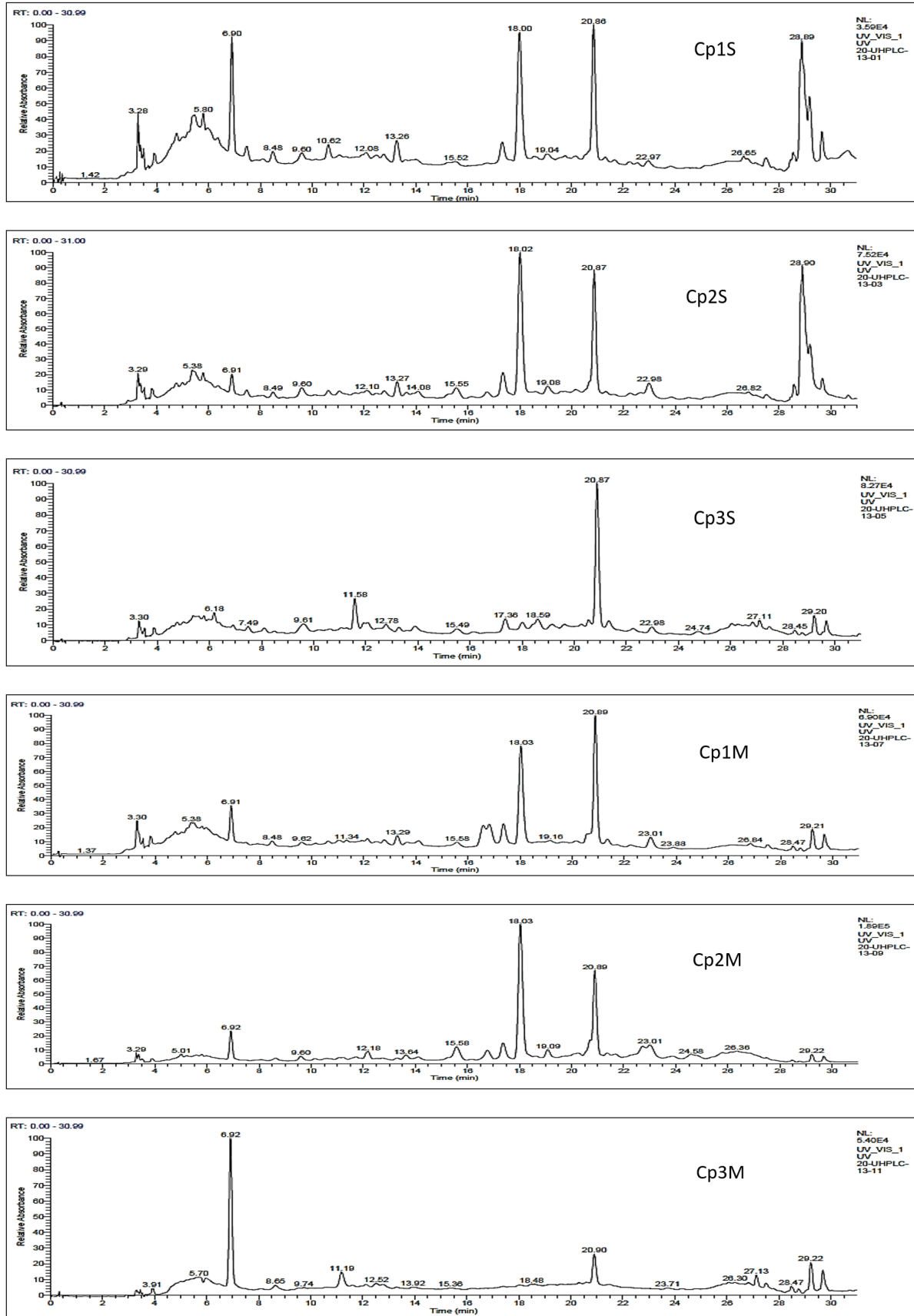


Fig. 1a. Chromatographic profile of pulp from methanolic extracts of *C. limon* (Cp1), *C. limetta* (Cp2) and *C. aurantifolia* (Cp3) by two extraction methods maceration M and soxhlet S.

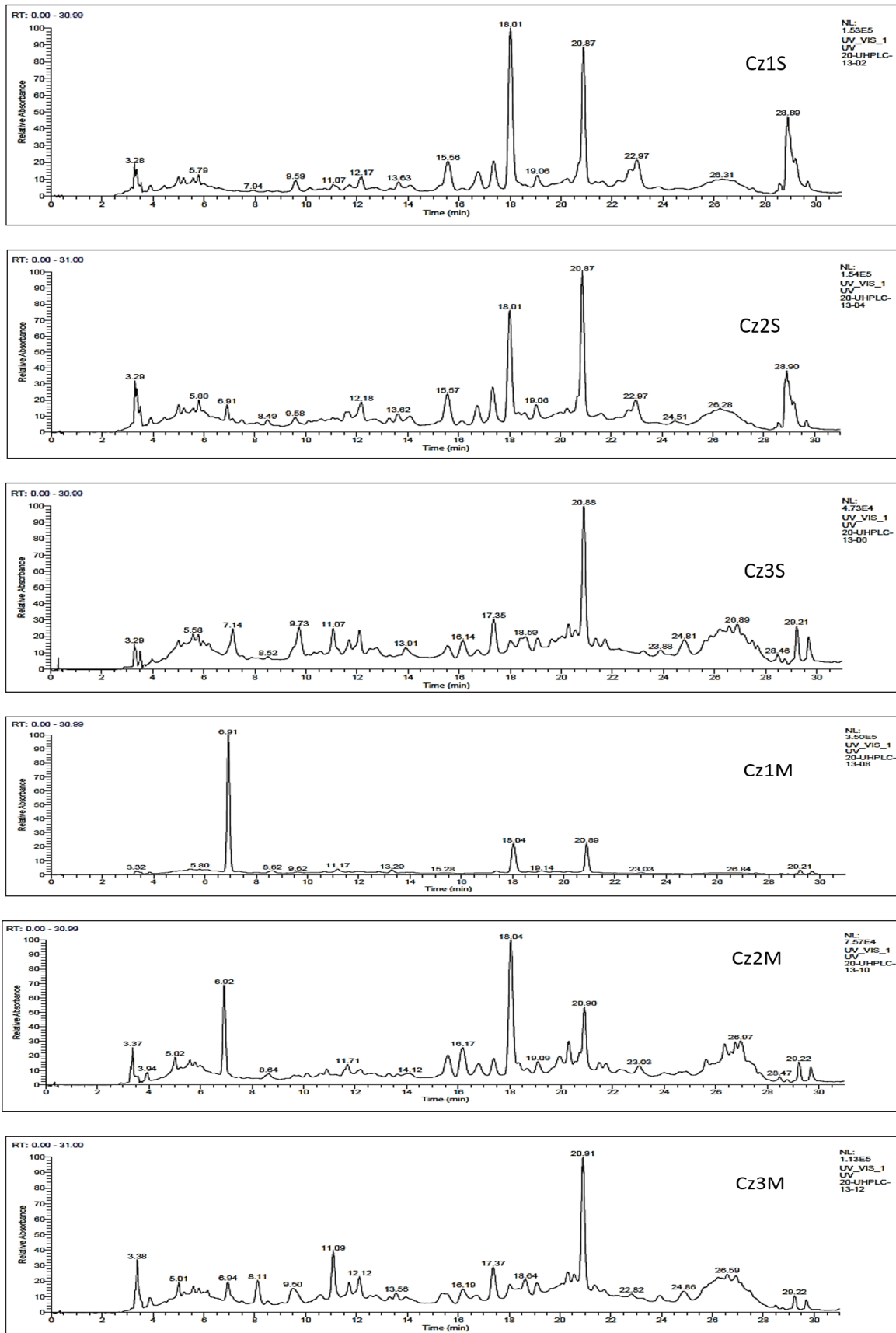


Fig. 1b. Chromatographic profile of epicarp from methanolic extracts of *C. limon* (Cz1), *C. limetta* (Cz2) and *C. aurantifolia* (Cz3) by two extraction methods maceration M and soxhlet S.

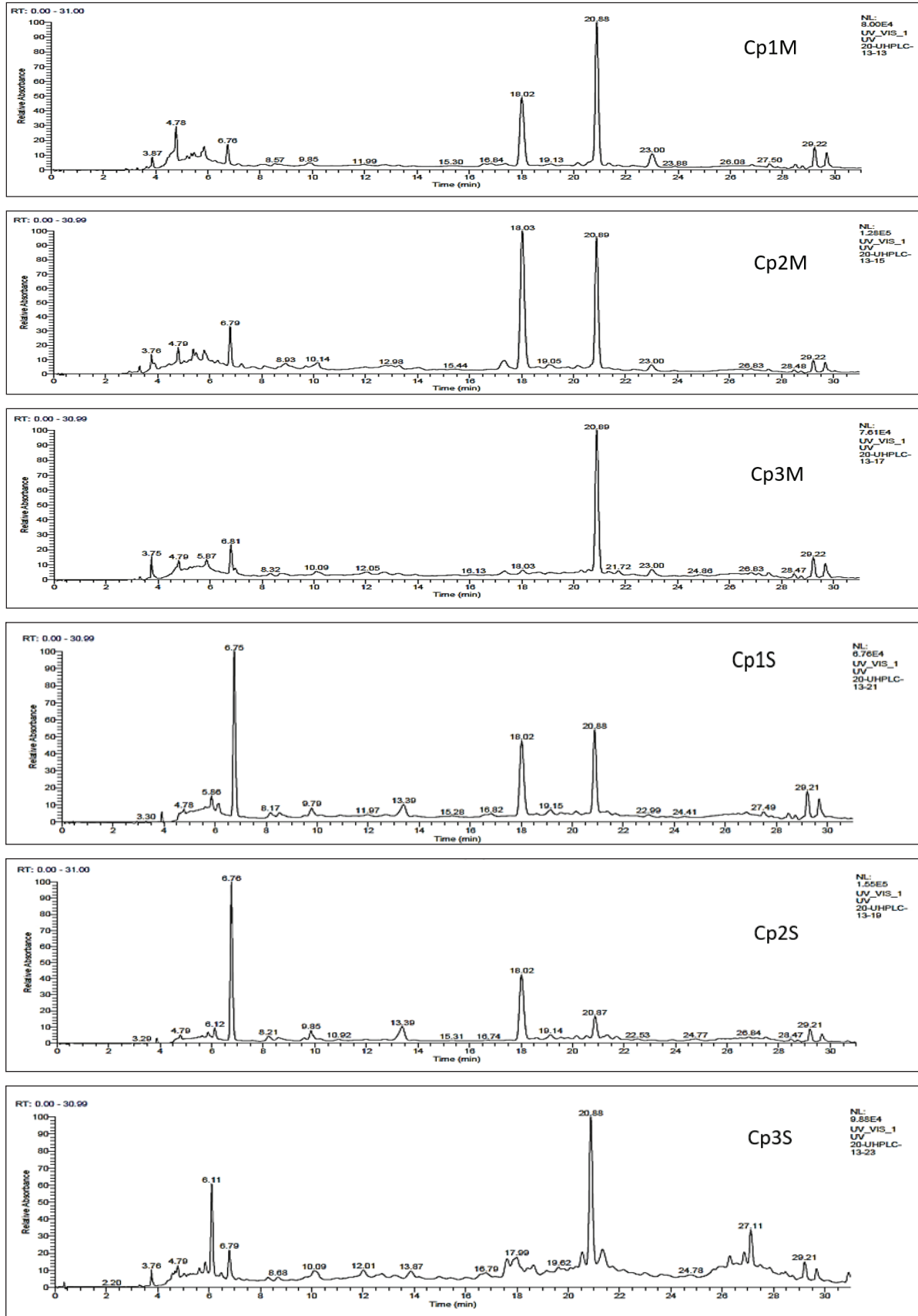


Fig. 1c. Chromatographic profile of pulps from ethyl acetate extracts of *C. limon* (Cp1), *C. limetta* (Cp2) and *C. aurantifolia* (Cp3) by two extraction methods maceration M and soxhlet S

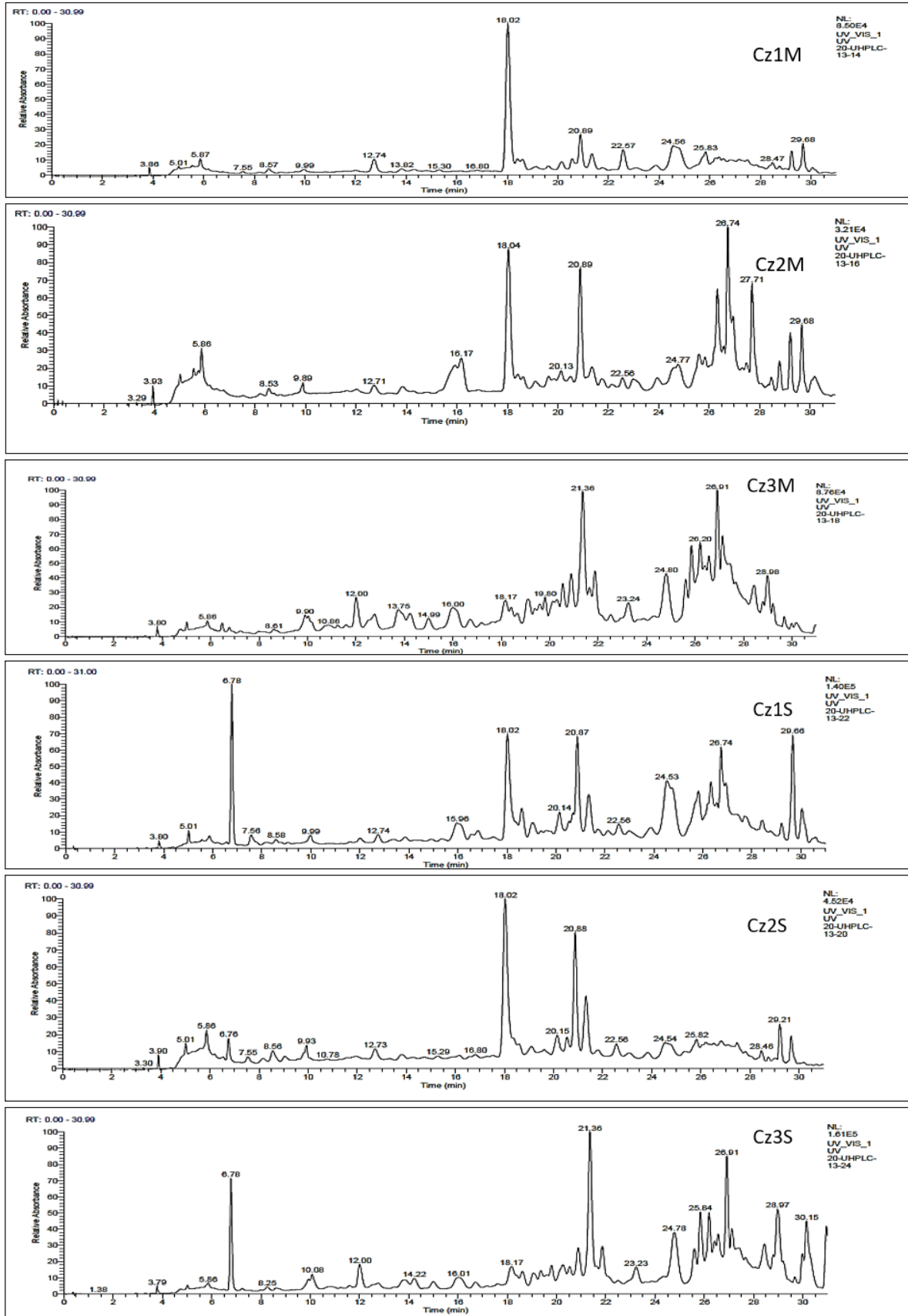


Fig. 1d. Chromatographic profile of epicarp from methanolic extracts of *C. limon* (Cz1), *C. limetta* (Cz2) and *C. aurantifolia* (Cz3) by two extraction methods maceration M and soxhlet S.

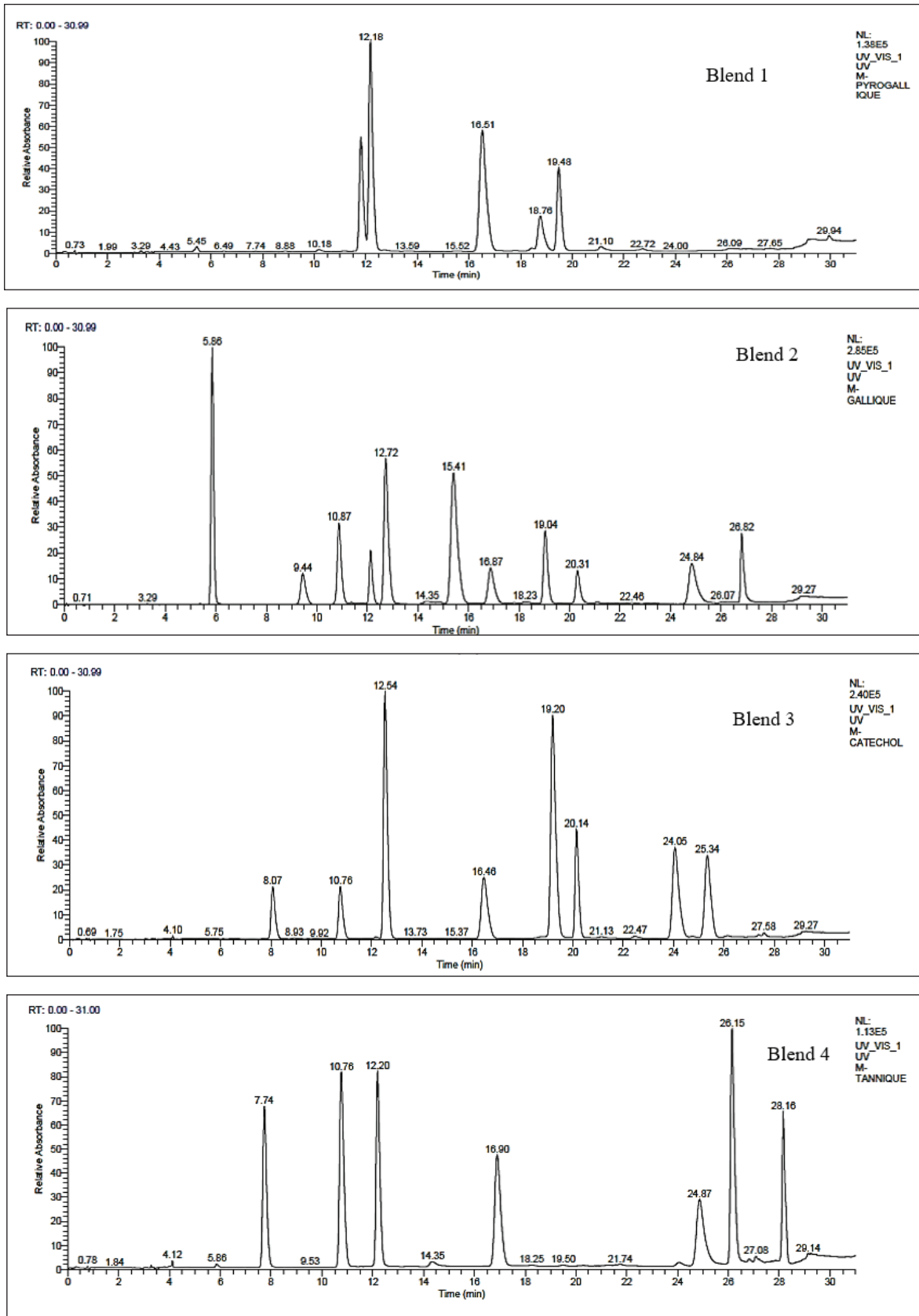


Fig.1e. Chromatographic profile of multi standards

2.6. Statistical Analysis

Data were subjected to a two-factor analysis of variance (*ANOVA*) using the statistical software SPSS for windows (version 20.0, IBM-SPSS Inc., Chicago, IL, USA). Significant differences among treatments were determined using the student-Newman-Keuls (*SNK*) post-hoc test. Mean data followed by different letters are significantly different at $p < 0.05$.

3. Results and Discussion

3.1. Crude extracts yield

The edible part: The result in Figure 2 showed that the Soxhlet extraction gave higher yields than the

maceration method. For both extraction methods, the best yield was obtained with ethyl acetate in *C. limon* (*Cp1*) followed by *C. limetta* (*Cp2*) and *C. aurantifolia* (*Cp3*). At the same time, the lowest yield was with hexane in all three species. The non-edible part: We found that the yields of soxhlet extraction varied considerably compared to the yields by maceration (Fig. 3). The recorded percentages ranged from 0.62% to 12.46%. The methanol gave the best yield in *C. limetta* (*Cz2*) followed by *C. limon* (*Cz1*) and finally by *C. aurantifolia* (*Cz3*). On the other hand, the yield of dichloromethane was the lowest for all three species.

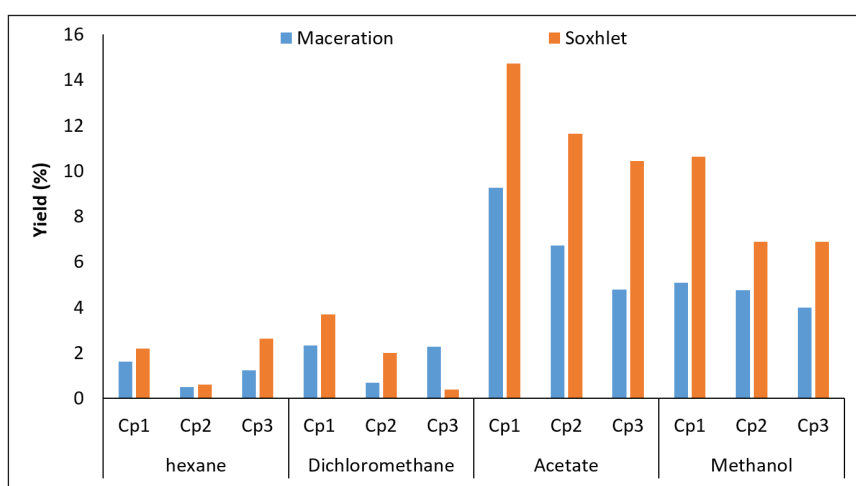


Fig. 2. Crude pulp extract yield (%) of *C. limon* (*Cp1*), *C. limetta* (*Cp2*), *C. aurantifolia* (*Cp3*) by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate, methanol). Data are means of 3 replicates \pm standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test.

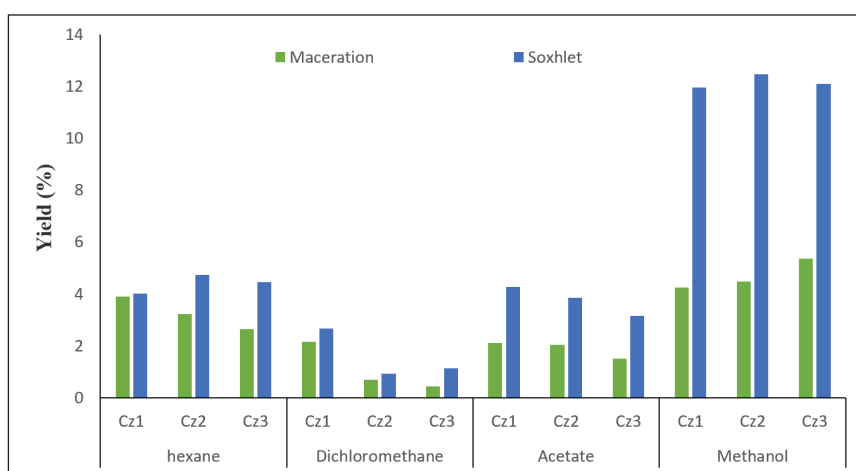
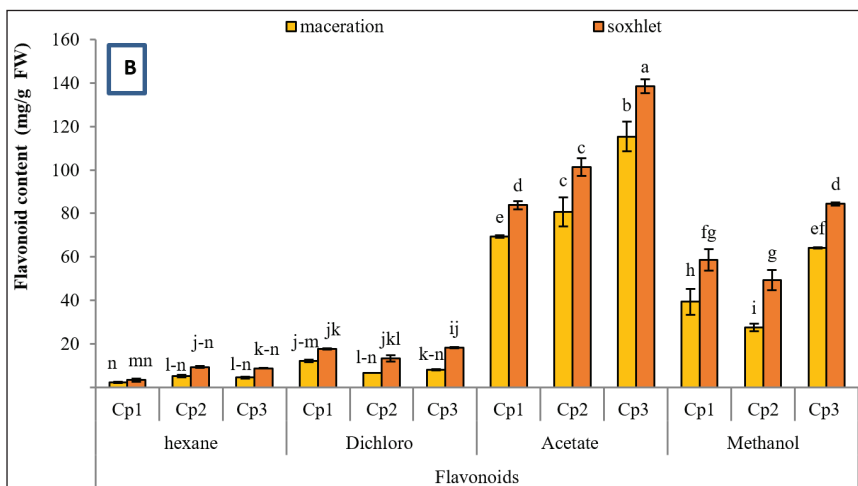
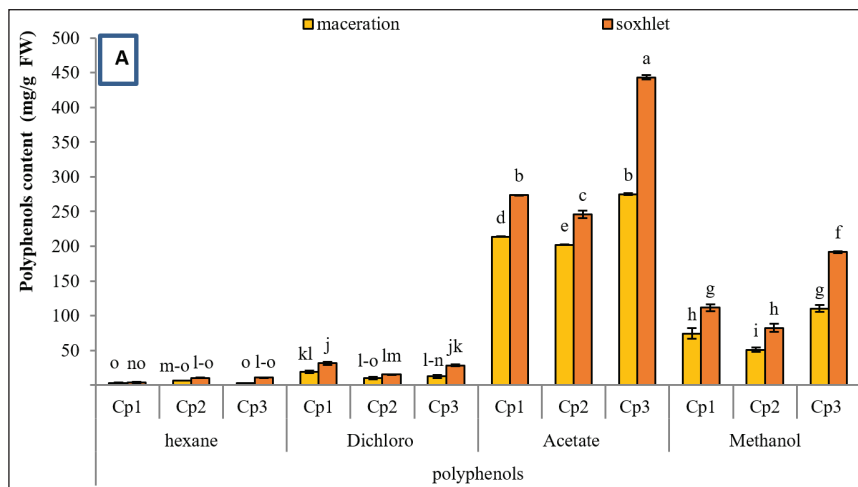


Fig. 3. Crude epicarp extract yield (%) of *C. limon* (*Cz1*), *C. limetta* (*Cz2*), *C. aurantifolia* (*Cz3*) by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate, methanol). Data are means of 3 replicates \pm standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test.

3.2. The effect of solvents and extraction methods on phenolic components

Figures 4 and 5 present the results of a quantitative comparison of total phenols, flavonoids, and condensed tannins in the pulp and epicarp parts of three studied citrus species. The edible part: in Figure 4, the results related to the amounts of total phenols, flavonoids, and condensed tannins in the extracts of the pulp of the three species studied showed that Soxhlet extraction as a method and ethyl acetate as a solvent gave the best results. The results obtained in Figure 4A showed that *Citrus aurantifolia* contained the highest polyphenol content ($443.57 \pm 3.10 \text{ mg g}^{-1} \text{ FW}$), followed by *Citrus limon* ($273.75 \pm 0.43 \text{ mg g}^{-1} \text{ FW}$) and, at the end, *Citrus limetta* ($245.81 \pm 5.58 \text{ mg g}^{-1} \text{ FW}$). Regarding flavonoid content, it was higher in *Citrus aurantifolia* ($138.62 \pm 3.21 \text{ mg g}^{-1} \text{ FW}$), followed by *Citrus limetta* ($101.34 \pm 9.56 \text{ mg g}^{-1} \text{ FW}$) and by *Citrus limon* ($83.85 \pm 1.86 \text{ mg g}^{-1} \text{ FW}$) (Fig.4B). In contrast, the condensed tannin contents obtained in *Citrus limetta*,

Citrus aurantifolia and *Citrus limon* are $46.90 \pm 1.15 \text{ mg g}^{-1} \text{ FW}$, $46.32 \pm 6.76 \text{ mg g}^{-1} \text{ FW}$ and $44.68 \pm 5.95 \text{ mg g}^{-1} \text{ FW}$, respectively (Fig.4C). The non-edible part: in Figure 4, the results related to the amounts of total phenols, flavonoids, and condensed tannins in extracts of the epicarp of the three species studied showed that Soxhlet extraction as a method and methanol as a solvent gave the best results. The results of the assay revealed that the highest amounts of total phenols were recorded in *Citrus aurantifolia* with $326.73 \pm 9.82 \text{ mg g}^{-1} \text{ FW}$, followed by *Citrus limetta* with $229.08 \pm 8.59 \text{ mg g}^{-1} \text{ FW}$ and by *Citrus limon* with $183.16 \pm 1.40 \text{ mg g}^{-1} \text{ FW}$ (Fig.5A). The flavonoid content was abundant in *Citrus aurantifolia* ($133.00 \pm 3.55 \text{ mg g}^{-1} \text{ FW}$) followed by *Citrus limetta* ($104.59 \pm 4.54 \text{ mg g}^{-1} \text{ FW}$) and by *Citrus limon* ($81.19 \pm 8.19 \text{ mg g}^{-1} \text{ FW}$) (Fig.5B). Concerning, the condensed tannin contents found in *Citrus limetta*, *Citrus aurantifolia* and *Citrus limon*, we note $49.19 \pm 12.17 \text{ mg g}^{-1} \text{ FW}$, $31.34 \pm 1.15 \text{ mg g}^{-1} \text{ FW}$ and $43.86 \pm 0.00 \text{ mg g}^{-1} \text{ FW}$ respectively (Fig.5C).



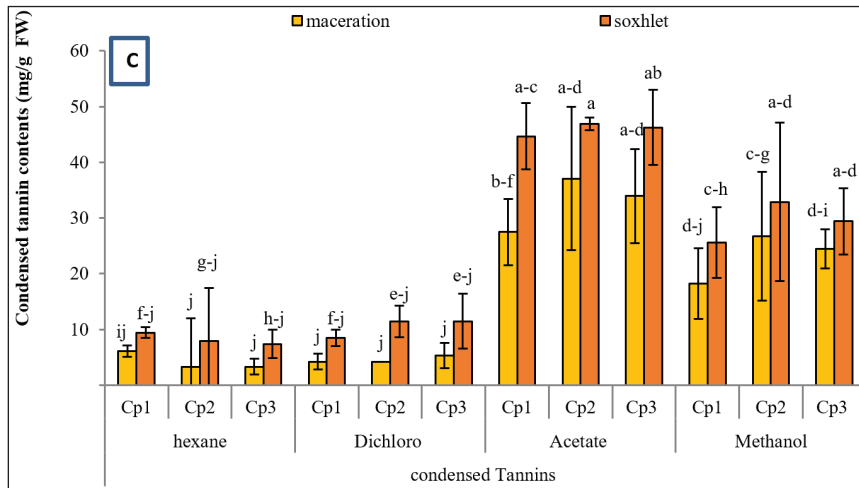
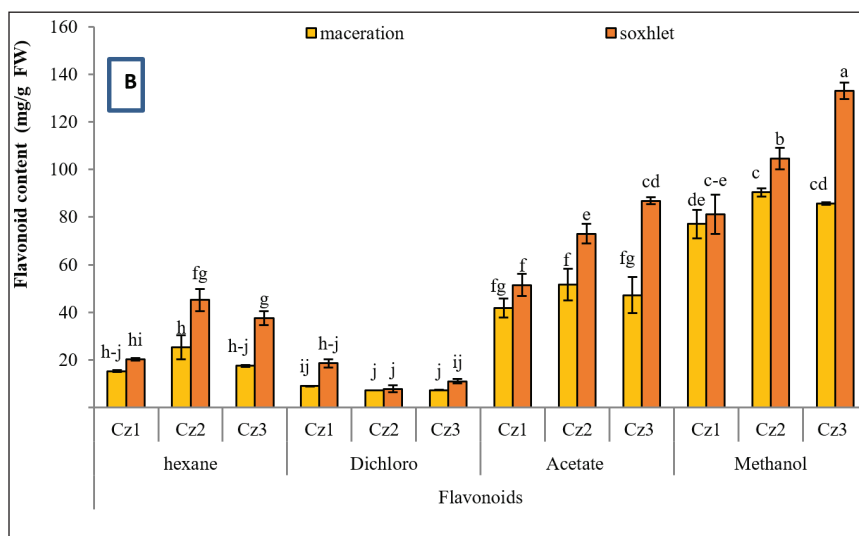
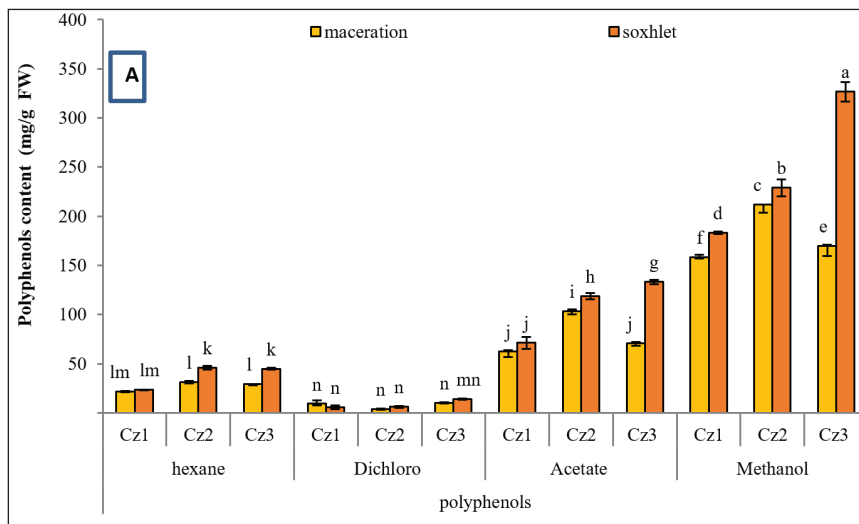


Fig. 4. The polyphenol (A), flavonoid (B) and condensed tannin (C) content of *Citrus Limon Burm* (Cp1), *Citrus Limetta Risso* (Cp2) and *Citrus Aurantiifolia* (Christm.) Swingle (Cp3) pulps by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate and methanol). Data are means of 3 replicates ± standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test.



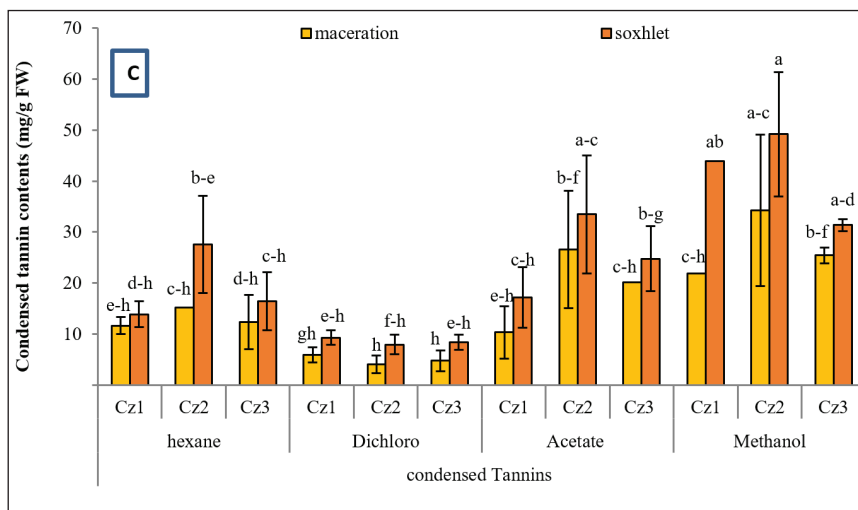


Fig. 5. The polyphenol (A), flavonoid (B) and condensed tannin (C) content of *Citrus Limon Burm* (Cz1), *Citrus Limetta Risso* (Cz2) and *Citrus Aurantiifolia (Christm.) Swingle* (Cz3) epicarp by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate, methanol). Data are means of 3 replicates \pm standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test

3.3. The effect of solvents and extraction methods on the antioxidant activity (DPPH)

The edible part: from the results obtained on the pulps, statistical analysis showed that the solvents used presented a significant difference ($p < 0.05$). Thus, the profiles of the DPPH- test obtained revealed that all the extracts tested possessed dose-dependent antiradical activity (Fig. 6). The ethyl acetate extracts showed a high inhibition of the DPPH- radical very close to those of the control solutions (gallic acid, quercetin and ascorbic acid); $4.89 \pm 0.15 \mu\text{g ml}^{-1}$ for *Citrus aurantiifolia*, $9.54 \pm 0.15 \mu\text{g ml}^{-1}$ for *Citrus limon* and $9.74 \pm 0.22 \mu\text{g ml}^{-1}$ for *Citrus limetta*, followed by the methanol extracts. On the other hand, a very low antiradical activity was noted in hexane and dichloromethane extracts. Regarding the extraction method, the antiradical activities of the analyzed samples showed a significant difference ($p < 0.05$). The results obtained showed that the extracts obtained by Soxhlet have the highest antioxidant capacity compared to that of maceration, regardless of the extraction solvent. For comparative purposes, three standard antioxidants were used, gallic acid, quercetin and ascorbic acid (Fig. 6). They showed a high free radical scavenging

activity with IC_{50} values in the range of $7.80 \pm 0.25 \mu\text{g ml}^{-1}$, $4.06 \pm 0.26 \mu\text{g ml}^{-1}$ and $2.48 \pm 0.32 \mu\text{g ml}^{-1}$, respectively. The lower the IC_{50} value, the more potent the extract was considered an antioxidant. The non-edible part: the antiradical activities of the analyzed samples revealed significant differences ($p < 0.05$) (Fig. 7). We also found that almost all the extracts studied have antioxidant activity and were able to scavenge the DPPH radical. We noted that the extracts that showed the best inhibitory activity were the methanolic and ethyl acetate extracts, with IC_{50} values that vary from $5.13 \mu\text{g.ml}^{-1}$ to $31,13 \mu\text{g.ml}^{-1}$. However, the highest free radical scavenging activity was observed in the methanolic extracts of *Citrus aurantiifolia* ($5.13 \pm 0.12 \mu\text{g ml}^{-1}$) followed by *Citrus limetta* ($6.16 \pm 0.10 \mu\text{g ml}^{-1}$) and *Citrus limon* ($10.78 \pm 0.12 \mu\text{g.ml}^{-1}$). The activity of these extracts evolves in the same direction as those of gallic acid with $7.80 \pm 0.25 \mu\text{g.ml}^{-1}$ and quercetin with $4.06 \pm 0.26 \mu\text{g ml}^{-1}$, while ascorbic acid showed the highest antiradical activity with $2.48 \pm 0.32 \mu\text{g.ml}^{-1}$. On the other hand, the lowest antiradical activity was obtained with hexane and dichloromethane ($57.24 \mu\text{g ml}^{-1}$ and $138.70 \mu\text{g ml}^{-1}$, respectively).

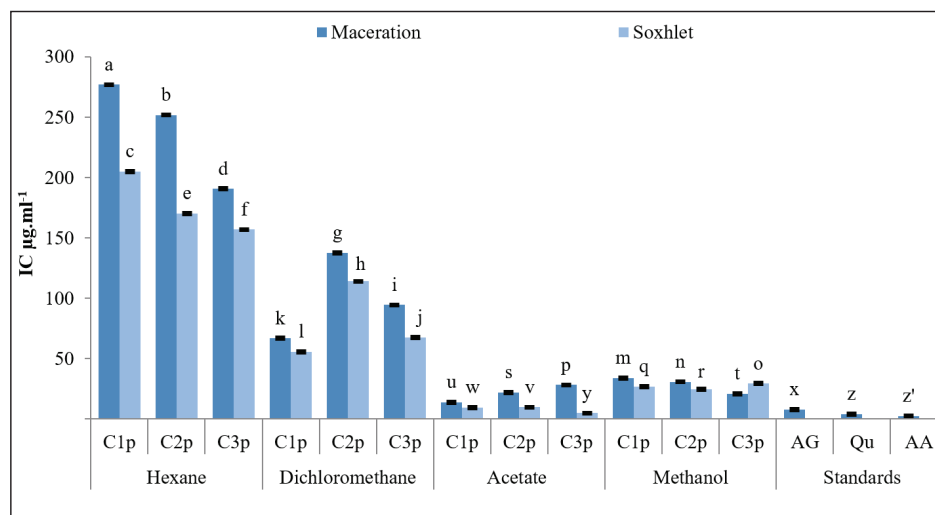


Fig. 6. Antiradical activity of *Citrus Limon Burm* (Cp1), *Citrus Limetta Risso* (Cp2) and *Citrus Aurantiifolia* (Christm.) Swingle (Cp3) pulp by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate, methanol). Data are means of 3 replicates \pm standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test.

3.4. Determination of phenolic compound by UHPLC-DAD

In this study, a method of high-performance liquid chromatography (UHPLC) coupled to a diode array detector (DAD), was used for the characterization of the phenolic compounds of the methanolic and ethyl acetate extracts of the edible and non-edible part of three *Citrus* species studied (*Citrus Limon Burm*, *Citrus Limetta Risso* and *Citrus Aurantiifolia* (Christm.) Swingle) for the two extraction methods (maceration and soxhlet). Thirty-three standards were divided into 4 blends to identify the different metabolites. Fifty-five phenolic compounds were tentatively identified in the polar *Citrus* pulp and epicarp extracts based on their maximum wavelength UV absorption and using the peaks of the standards. Among them, the identification of three flavonols (rutin, kaempferol and quercetin), two flavanones (hesperidin and naringin), a flavone (3', 4', 5, 7-tetrahydroxyflavone) and a phenolic acid (pyrogallol) which have been confirmed alongside literature data on the chemical composition of *Citrus*. The edible part: the three *Citrus* studied contained two flavonoids, of which hesperidin (6.62 g L⁻¹) was the highest

in the methanolic extract of *C. limetta* by maceration, followed by rutin (2.52 g L⁻¹) in the ethyl acetate extract of *C. limetta* by maceration, then a phenolic acid, whose pyrogallol (1.48 g L⁻¹) was moderately high in the methanolic extract of *C. limetta* by Soxhlet. While the other metabolites (Gallic, Catechol, Catechin, Pcoumaric, Naringin, Ac hydroxybenzoic, Sinapic, 3', 4', 5, 7 - tetrahydroxyflavone, Kaempferol, Quercetin, 3',5,7 trihydroxy-4'-methoxyflavone and Epicatechin) were present at trace levels (Table 2). The non-edible part: in the ethyl acetate and methanol extracts of *C. limetta* by Soxhlet, high contents of hesperidin (4.34 g L⁻¹) and rutin (3.39 g L⁻¹) were recorded, followed by pyrogallol (1.79 g L⁻¹) in the methanolic extract of *C. aurantiifolia* by Soxhlet and then naringin (1.77 g L⁻¹) in the methanolic extract by Soxhlet of *C. limon*. On the other hand, the other metabolites presented in trace amounts (Table 3). According to these results, we suggest that the phenolic compounds content in the pulps of three species was higher than that of the epicarp. The highest concentration of phenolic compounds in juice is generally due to the very hydrophilic nature of these components.

Table 2. Provisional identification of phenolic compounds of the edible part of *Citrus Limon Burm* (Cp1), *Citrus Limetta Risso* (Cp2) and *Citrus Aurantiifolia* (Cp3) by UHPLC-DAD.

Extraction methods	Solvent	PA	GA	C	Ca	P-C	Nar	Hes	Rut	HbA	Sin	THF	Kaem	Quer	TMF	Epi
Maceration		0.51	0.04	0.02	0.03	----	0.01	1.36	1.72	----	0.02	0.01	----	----	----	0.02
	acetate	1.17	0.06	0.16	0.05	0.01	0.06	4.40	2.52	----	----	----	0.05	----	----	----
		0.15	0.03	0.03	----	----	----	0.08	----	----	----	----	0.02	0.01	----	----
		0.93	0.02	0.04	0.05	0.02	0.02	1.78	1.5	----	0.2	0.04	0.05	----	----	----
	Methanol	----	----	----	0.15	0.14	0.14	6.62	1.63	----	0.31	0.21	0.20	0.13	----	----
		0.4	0.01	0.04	0.01	----	----	----	0.25	----	----	0.02	0.03	----	----	----
Soxhlet		----	0.03	0.11	0.22	----	0.06	2.33	0.53	0.03	0.01	----	0.05	0.06	----	----
	Acetate	----	0.03	0.05	0.09	----	0.03	1.09	0.77	----	0.02	----	0.05	----	----	----
		0.59	0.03	0.04	----	----	----	0.18	0.06	0.07	----	0.05	0.09	0.04		0.11
		1.48	0.02	0.05	0.07	0.01	----	1.11	0.75	0.06	----	----	----	----	----	----
	Methanol	1.17	0.03	0.05	0.14	0.04	0.05	2.60	1.38	----	----	0.05	----	----	0.01	----
		0.53	0.02	0.06	0.18	0.02	0.04	0.27	1.74	0.05	----	----	----	----	----	----

*(PA) Pyrogallol Acid, (GA) Gallic Acid, (C) Catechol, (Ca) Catechin, (P-C) p-coumaric, (Nar) Naringin, (Hes) Hesperidin, (Rut) Rutin, (HbA) Hydroxybenzoic Acid, (Sin) Sinapic Acid, (THF) 3',4',5,7-tetrahydroxyflavone, (Kaem) Kaempferol, (Quer) Quercetin, (TMF) 3',5,7 trihydroxy-4'-methoxyflavone, (Epi) Epicatechin.

Table 3. Provisional identification of phenolic compounds of the non-edible part of Citrus Limon Burm (Cz1), Citrus Limetta Risso (Cz2) and Citrus Aurantiifolia (Cz3) by UHPLC-DAD

Extraction methods	Solvent	species	PA	GA	C	Ca	P-C	Nar	Hes	Rut	HbA	Sin	THF	Kaem	Quer	TMF	Epi
Maceration	acetate	Cz1	1.13	0.04	0.05	0.05	0.01	----	3.01	0.14	0.02	0.01	----	----	0.45	----	----
		Cz2	----	0.02	0.02	0.04	0.04	----	1.03	0.47	----	----	0.12	0.31	0.12	0.05	----
		Cz3	----	0.03	----	0.02	0.04	0.21	0.57	0.32	0.09	----	0.33	0.62	0.67	0.15	0.38
Maceration	Methanol	Cz1	0.81	0.02	0.16	----	0.01	0.04	2.7	1.63	----	----	0.07	0.06	----	----	----
		Cz2	0.73	----	0.08	----	0.07	0.07	2.61	0.76	----	0.16	0.09	0.13	----	----	----
		Cz3	1.66	0.03	0.35	0.47	0.04	0.19	----	2.37	----	----	0.23	0.25	----	----	0.34
Soxhlet	Acetate	Cz1	0.58	0.03	0.07	0.09	----	0.04	1.71	0.72	0.03	0.02	----	----	0.13	----	----
		Cz2	1.02	0.03	0.08	0.19	0.15	0.18	4.34	1.83	0.18	----	0.21	0.64	0.55	----	----
		Cz3	----	0.04	0.08	----	----	0.17	0.51	0.69	----	----	0.33	1.12	1.11	0.18	----
	Methanol	Cz1	----	0.03	----	0.28	0.19	1.77	1.03	0.31	----	0.43	1.04	0.27	----	0.05	----
		Cz2	----	0.05	0.11	0.22	0.19	0.17	3.95	3.39	----	0.4	0.41	----	0.1	0.08	----
		Cz3	1.79	0.03	0.01	0.29	0.02	0.04	0.16	0.94	0.16	----	0.09	0.13	----	----	----

*(PA) Pyrogalllic Acid, (GA) Gallic Acid, (C) Catechol, (Ca) Catechin, (P-C) p-coumaric, (Nar) Naringin, (Hes)Hesperidin, (Rut) Rutin, (HbA) Hydroxybenzoic Acid, (Sin) Sinapic Acid, (THF) 3',4',5,7-tetrahydroxyflavone, (Kaem) Kaempferol, (Quer) Quercetin, (TMF) 3',5,7 trihydroxy-4'methoxyflavone, (Epi) Epicatechin.

3.5. Discussion

The main objective of this study was to assess *in vitro* the influence of solvents and extraction methods on the phenolic composition and antioxidant activity of three *Citrus* species extracts using the DPPH free radical scavenging method. The data collected demonstrated that each solvent's yield of the crude extracts differed depending on the extraction method and species (0.40% to 14.72%). Similarly, Ibrahim and Hegazy [15] found that the yield of orange epicarp extracts using various solvents ranged from 8.27% to 28.32%. The samples' nature and differences in solvent diffusion explained this variation. It was also due to several factors, including the interaction of the plant with the environment (climate, soils, etc.), the time and place of harvest, cultural practices, and the age of plant material [16]. Maceration and Soxhlet are considered the conventional phenolic compound extraction methods approved by various authors for their efficiencies [17]. Our results showed that the extraction method significantly influences the yield and phenolic compound contents in *citrus limon*, *citrus aurantifolia*, and *citrus limetta*. Soxhlet extraction allowed an enrichment in phenolic compounds compared to maceration. Similarly, several works have presented similar results, which indicated a significant variation in the contents of these compounds depending on the technique used [18]. In another study, the Lebanese *Eryngium Creticum* was extracted using three conventional techniques: maceration, reflux, and Soxhlet. The results showed that among these techniques, reflux and Soxhlet gave approximately the same results compared to maceration [19]. Thus, a comparison between the two methods showed that soxhlet remains the preferred method for extraction [20]. Similarly, Teimoori et al [21] have suggested other extraction methods based on ultrasonic dispersive solid-phase micro-extraction. In our study, solvents of increasing polarity (hexane, dichloromethane, ethyl acetate, and methanol) were used to extract three *Citrus* species, to have as many secondary metabolites of different natures as possible and to separate these metabolites according to their degree

of solubility in the solvent. Thus, their degree of glycosylation mainly depends on the number of hydroxyl groups, molecular weight and carbon chain length [22]. Indeed, the hexane extract is generally composed of lipids and highly methoxylated aglycone flavonoids, the dichloromethane extract is richer in aglycone flavonoids, ethyl acetate extract contains glycosylated flavonoids, mainly mono-, di- and tri-glycosylated flavonoids, and the methanolic extract contains flavonoids, amino acids, terpenes, waxes and tannins [23]. According to our results, the quantification of polyphenols, flavonoids and condensed tannins by different solvents showed that methanol and ethyl acetate extracts presented high contents of these molecules compared to hexane and dichloromethane extracts. Ghasemzadeh *et al.* [24] and Barchan *et al.* [25] worked on three species of *Mantha* from Morocco and two varieties of young ginger from Malaysia, respectively. They also showed that polar solvents (methanol, acetone) yielded higher phenolic compounds than apolar solvents (hexane, dichloromethane, and chloroform). However, other studies reported by Mendes Hareke *et al.* [26], in *Gac* fruit respectively, found that ethyl acetate extracts exhibited high contents of phenolic compounds. Moreover, Al Juhaimi *et al.* [27] on methanolic and ethyl acetate extracts of some plants grown in Turkey revealed that both solvents showed almost the exact contents of phenolic compounds conducted a study. In this study, we noted that pulp and epicarp parts of the *Citrus* fruit accumulate the highest contents of polyphenols and flavonoids. The comparative analysis showed that *Citrus aurantifolia* was more nutritious than *Citrus limetta* and *Citrus limon* due to its relatively high content of polyphenols and flavonoids. These findings are consistent with those obtained by Khalfan Al-Musharf *et al.* [28] on six citrus species in Oman, who showed that *Citrus limon* juice presented a higher content of total phenols (0.569 ± 0.0019 mg EAG mL⁻¹) than *Citrus aurantifolia* (0.468 ± 0.0019 mg EAG mL⁻¹). Another study conducted in South India on the fruits of six *Citrus* species, revealed that *Citrus aurantifolia* possessed

a relatively high content of total phenols (125 μg EAG mg^{-1} for epicarp and 59.05 μg EAG mg^{-1} for pulp) and flavonoids (36.49 μg EQ mg^{-1} for epicarp and 15.19 μg EQ mg^{-1} for pulp) [29]. In addition, Ghasemi *et al.* [30] reported that the fruit of *Citrus limon* from Iran, recorded relatively high content of polyphenols (131 mg EAG g^{-1} epicarp and 102.2 mg EAG g^{-1} pulp) and flavonoids. On the other hand, the *Citrus limetta* juice from Mexico showed high levels of polyphenols (786 ± 73.58 mg EAG g^{-1}) and flavonoids (63.24 ± 3.66 EQ mg g^{-1}) [31]. In view of these results presented, it appears that the extraction of phenolic compounds is a crucial step for the valorisation of active ingredients. It depends on the extraction method, the solvent, the species and the nature of the studied part. From the results reported in Figures 6 and 7, we noticed that only polar extracts (methanol and ethyl acetate) by Soxhlet could inhibit the *DPPH* radical than apolar extracts (hexane and dichloromethane). Also, some other organic compounds were determined by nanotechnology coupled with a chromatography analyser [32-34]. Thus, for gallic acid, quercetin, and ascorbic acid, the percentage of *DPPH* inhibition was still high for these extracts. Because these extracts are rich in phenolic compounds (suitable donors of proton H^+). Similarly,

Kumaran and Joel, Karunakaran, [35] showed that polyphenols, flavonoids and condensed tannins can reduce and decolorize *DPPH* due to their ability to donate hydrogen. For example, Narayana *et al.* [36] found that flavonoids could inhibit the lipid peroxidation by scavenging free radicals. Indeed, the antioxidant activity is related to the structure of phenolic compounds. Thus, it depends on the O-H bonds' dissociation energy, the phenol radical's electronic delocalization, and the steric hindrance of the substituent groups of the hydrogen atoms of the aromatic ring [37]. The antioxidants influence biological systems by neutralizing free radicals and chelation of toxic metal [38]. Based on the results presented in Tables 1 and 2, ethyl acetate and methanol extracts can be considered the most interesting regarding antioxidant capacity, strongly related to the presence of phenols and polyphenolic compounds, such as flavonoids [39]. This led us to suggest that these extracts contain essential molecules that can serve as a source of natural antioxidants. These minor compounds give the three species important nutritional and therapeutic qualities. In addition, several authors have proposed other types of chromatography (GC-FID, GC-TCD, GC-MS) to identify these organic substances [40-43].

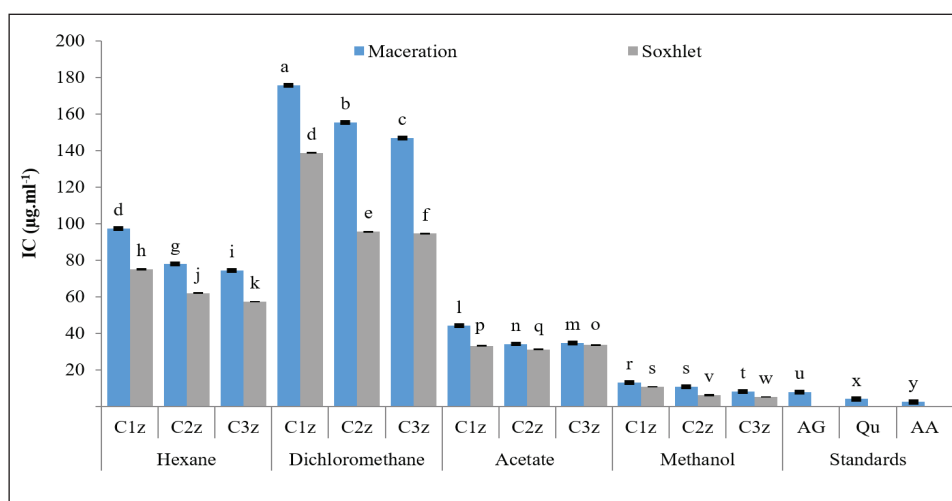


Fig. 7. Antiradical activity of *Citrus Limon Burm* (Cz1), *Citrus Limetta Risso* (Cz2) and *Citrus Aurantiifolia* (*Christm.*) *Swingle* (Cz3) epicarp by two extraction methods (maceration, soxhlet) and four solvents (hexane, dichloromethane, ethyl acetate, methanol). Data are means of 3 replicates \pm standard deviation. Different letters above the bars represent a significant difference ($p < 0.05$) between treatments according to Student-Newman-Keuls test.

4. Conclusion

This study concluded that the best source of polyphenols among the three citrus species is in the following order for the edible part: *Citrus aurantifolia* > *Citrus limon* > *Citrus limetta*. On the other hand, for the non-edible part the order is as follows: *Citrus aurantifolia* > *Citrus limetta* > *Citrus limon*. The best source of flavonoids in both parts of the fruit is in the following order: *Citrus aurantifolia* > *Citrus limetta* > *Citrus limon*. The three species presented the exact amounts of condensed tannins for both parts of the fruit. Statistical analysis showed significant differences ($p < 0.05$) for the content of polyphenols and total flavonoids in the three species studied. Regarding the extraction method, the antiradical activities of the analysed samples showed a significant difference ($p < 0.05$). The results showed that the extracts obtained by Soxhlet had the highest antioxidant capacity compared to those of maceration, whatever the extraction solvent. Citrus epicarp and pulp of the three species studied showed intense antioxidant activity, making the fruit a viable source of natural antioxidants for the food industry. It is interesting to examine its use as a natural antioxidant ingredient in several finished food products.

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